<table>
<thead>
<tr>
<th>City</th>
<th>San Antonio de Areco</th>
</tr>
</thead>
<tbody>
<tr>
<td>Country</td>
<td>Argentina</td>
</tr>
<tr>
<td>Population</td>
<td>30,000</td>
</tr>
<tr>
<td>Title of policy or practice</td>
<td>Plan Integral de Soberanía Alimentaria (Comprehensive Food Sovereignty Plan)</td>
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<tr>
<td>Subtitle (optional)</td>
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<td>URL video</td>
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<tr>
<td>Category</td>
<td>Food Waste</td>
</tr>
<tr>
<td>SDGs</td>
<td>SDGs: 1, 2, 3, 4, 8, 12.</td>
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### Brief description
In the Municipality of San Antonio de Areco we developed a comprehensive food sovereignty plan. The aim is to give everyone in the area access to healthy food. At the same time, we believe that this access goes hand in hand with the promotion of local production, thus promoting the creation of local employment and the care for the environment and raising awareness among population about the damage caused to people's health and the environment by the consumption of ultra-processed food. Less ultra-processed products in our cities will result in more work for the locals that sell food, fewer patients in doctor's offices and less pollution of the environment. We want to foster employment and raise awareness about the production, distribution and consumption of food in terms of food sovereignty and rooting in the territories: we can consume healthy, cheap and agrochemicals-free products if we take seriously the leading role of municipalities to develop plans and programs as central and cross-sectorial public policies.

### Date of start and state (ongoing/completed)
05/2018 Ongoing

### Actors and stakeholders involvement
- Secretaría de Producción de SADA [Secretariat of Production of SADA];
- National University of Rosario;
- National Agricultural Technology Institute;
- National University of La Plata;
- National University of Quilmes;
- Unión Trabajadores de la Tierra [Union of Rural Workers].

### Approach
- 2015: Creation of the Juan Hipólito Vieytes Agro-industrial Park;
- 2016: Degree in Agroecology and Rural Development, U. N. de Quilmes;
- 2016. Creation and implementation of the Programa Local de Asociativismo Productivo [Local Program of Productive Associativism], which had the methodological assistance of the Latin American Social Sciences Institute;
- 2017: Small Food Production Units (PUPA’s).
### Innovation

The Municipality of San Antonio de Areco adheres to the SDG No. 2: "End Hunger, Achieve Food Security and Improved Nutrition, and Promote Sustainable Agriculture". In particular, we believe that local governments are challenged to create a political framework to achieve the goals 2.3: “Double the agricultural productivity and the incomes of small-scale food producers, particularly women, indigenous peoples, family farmers, pastoralists and fishers, including through secure and equal access to land, other productive resources and inputs, knowledge, financial services, markets and opportunities for value addition and non-farm employment”.

To achieve this goal, it is necessary to understand and work for another type of possible consumption, aiming at coordinating all the different levels to democratize the agri-food system: Person-Family; Group-community-neighborhood-institution; Area-Municipality; Province-Region; Country.

### Impact

The health system of a community and the health of each family greatly depend on the impact of food production and access to food.

50% of people's health depends on their lifestyle, 20% on the environment and the remaining 20% on human biology. That 50% of lifestyle contains food, physical activity, habits, consumption of drinking water. It is at this point where the issue of production, generation, circulation and consumption of food plays a vital and central role in generating healthier or sicker societies.

In the case of Argentina, 80% of deaths are due to non-communicable diseases: one of the risk factors of these diseases is inadequate nutrition.

At the same time, our country has the second highest rate of overweight children under 5 years of age in Latin America and the Caribbean: 10%, according to the Panorama de Seguridad Alimentaria y Nutricional [Panorama of Food and Nutritional Security] elaborated by PAHO/WHO and FAO.

The "Food Sovereignty Plan: Well Eaten" addresses the planned actions that will be carried out on the entire population of SADA, focusing on the School System (Schools) and Sports (Clubs): We count a total of 11,652 students in the educational system of San Antonio de Areco, plus their respective teachers who are approximately 1000, from all age groups. We have 14 clubs and the municipal school of sports has 2000 people enrolled.

### Inclusion

Secretary of Social Inclusion: provides food to 150 families of the district with unsatisfied basic needs (Social Inclusion).

Compañía Municipal de Alimentos [Municipal Food Company]: coordination from the municipality of multiple intervention tools in the food market (Inclusion of producers, businesses).

Training and workshops on food and healthy habits: the starting points are the municipal educational institutions (Inclusion of teachers, assistants, parents and students).

Agreements with organizations to lead to the low-cost consumption of healthy local food products (Territorial inclusion of organizations/producers in the area).

Promotion of the consumption of locally produced food through the creation of the trademark "Made in Areco" (Inclusion of local producers).

### Adversity coefficient

The main adversity encountered is the economic challenge. Beyond resolving the advance by being creative, having more economic resources would accelerate the processes.